



OUR COACHING VALUES

- Transformation is primarily experiential, not merely informational.
- God initiates change in our lives through real, everyday life experiences.
- Effective coaching flows out of mental, emotional and spiritual maturity.
- Each person is a uniquely designed individual whom God has entrusted with a purpose and stewardship.
- Authentic relationships are foundational to leadership growth and abundant living.

Are you looking for a quality, professional coach training organization? Then, look no further! Our coach certification program will equip you with the values and core coaching competencies you need for maximum impact as a life coach.

Whether you are interested in one training module or completing the professional coach training program, you will find our certification process and trainers meet or exceed industry standards.

FOR PROFESSIONAL STATUS CERTIFICATION

For those desiring to coach vocationally, there are two more certification modules offered, Life Focus and Implementation. For more information regarding the professional status certification, please contact us at the information listed below.

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Coach Training
Certification

A SYSTEMATIC, EFFECTIVE METHOD TO DEVELOP LEADERS WITH CHARACTER AND COMPETENCE



UNLOCK SUSTAINABLE PERSONAL CHANGE THROUGH THE ACT PROGRAM:

- Catalyze In-depth Conversations
- Listen Intuitively
- Enhance Your Development of Others
- Lead Engaging Meetings
- Ask Powerful Questions

The Accelerated Coach Training (ACT) Program is an in-depth, 15 week program designed for those who desire to incorporate coaching practices into their current role. Here's how it works:

The ACT program employs a combination of two, one-day workshops, eight telephone-class training sessions, and eight personal coaching sessions with a peer coach and/or coach trainer, to create personal transformation in the lives of the trainees.

You will learn and practice skills that include, asking powerful questions, sharpening your listening skills, the G.R.O.W. model of coaching, redefining success and failure, catalyzing in-depth coaching conversations, and setting up a coaching client relationship.

Your sustainable personal change experience positions you to replicate this experience with others. We believe that organizational culture shifts when the leaders of an organization experience personal change and practice these coaching methodologies.

Isn't it about time you discovered the art of Life Coaching?

NEXT STEPS

- Visit our website to find an upcoming training module
- Go ahead and register
- Call the LifeCoaching Institute at SCU for more information



PHASE 1

Week 1 – Workshop 1

TELECLASS GROUP SESSIONS:

- Week 2 – Active Listening and Powerful Questions/
Setting Up Your Peer-Coach Relationship
- Week 3 – Authentic Relationships for
Transformational Coaching
- Week 4 – Healthy Accountability
- Week 5 – Learning the G.R.O.W. Model
- Week 6 – Practicing the G.R.O.W. Model for
Coaching Conversations
- Week 7 – How Change Happens
- Week 8 – Redefining Success and Failure
- Week 9 – Setting Up a Coaching Client Relationship

PHASE 2

Week 10 – Workshop 2

TELECLASS GROUP SESSIONS:

- Week 11 – Three-way Coaching Appointment
(trainer does coaching)
- Week 12 – Three-way Coaching Appointment
(trainer does coaching)
- Week 13 – Three-way Coaching Appointment (peer
coaching with trainer feedback)
- Week 14 – Three-way Coaching Appointment (peer
coaching with trainer feedback)
- Week 15 – Summary and Celebration



UNLEASH THE POWER
OF COACHING
IN YOUR LIFE